

MONDAY - FRIDAY 11:30AM - 3:00PM

# LUNCH Menu



## BUILD YOUR OWN BOWL

Choice of 1 base, 1 protein and toppings. **$15.00**

## HOT STUFF

***Add any side for $3.99 (Poutine not included)***

**Turkey Club** **$14.50**
Sliced turkey, maple bacon, provolone cheese, tomatoes, arugula, chipotle aioli.

**Caprese Sandwich** **$14.00**
Fresh mozzarella, tomatoes, basil pesto, arugula, garlic aioli, balsamic reduction.

**BBQ Brisket Grilled Cheese** حلال **$16.00**
Smoked pulled beef brisket, mozzarella, cheddar, sautéed peppers and onions, chipotle aioli, BBQ sauce.

**Chicken Cutlet Sandwich** حلال **$14.50**
Panko crusted chicken breast, provolone cheese, marinara sauce, sauteed peppers and onions, arugula, garlic aioli.

**Chicken Fingers & Fries** **$13.00**
Three-piece chicken fingers, plum sauce.

## BUILD YOUR OWN SALAD

Choice of greens, toppings and dressings. **$12.00**

Add Half Avocado **$3.00**
Add Tofu **$3.00**
Add Hot Protein **$6.50**

## GRAB AND GO

**Caesar Salad** **$9.00**
Romaine lettuce, bacon, crispy wontons, Grana Padano cheese, creamy Caesar dressing.

**Greek Salad** **$9.00**
Romaine lettuce, grape tomatoes, cucumbers, kalamata olives, bell peppers, red onions, feta cheese.

**Chicken Caesar Wrap** **$11.99**
Roasted chicken, romaine lettuce, mozzarella, cheddar, Parmesan, creamy Caesar dressing.

**Turkey Brie Wrap** حلال **$12.99**
Apples, dried cranberries, brie cheese, lettuce, chipotle aioli.

**Veggie Wrap** **$11.99**
Herb roasted zucchini, mushrooms, bell peppers, lettuce, sun-dried tomato vinaigrette, balsamic reduction.

## SIDES

**Fries** **$6.00**

**Sweet Potato Fries** **$8.00**
Served with truffle aioli.

**Poutine** **$12.00**

**Soup of the Day** **$5.00**

**Mixed Greens Salad** **$5.00**

VEGETARIAN VEGAN GLUTEN FREE DAIRY FREE حلال HALAL

NOT ALL INGREDIENTS ARE LISTED ON THE MENU. PLEASE INFORM US OF ANY ALLERGIES OR DIETARY RESTRICTIONS.

GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST.